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Bangalore Mirror

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Tech firms keen to reduce number of private vehicles on roads, help employees switch to sustainable mobility

TECH FOR A RIDE

Focus on 'cost savings, eco benefits, reduction of congestion-led productivity loss'

Rachana Ramesh
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TWEETS @BangaloreMIRROR

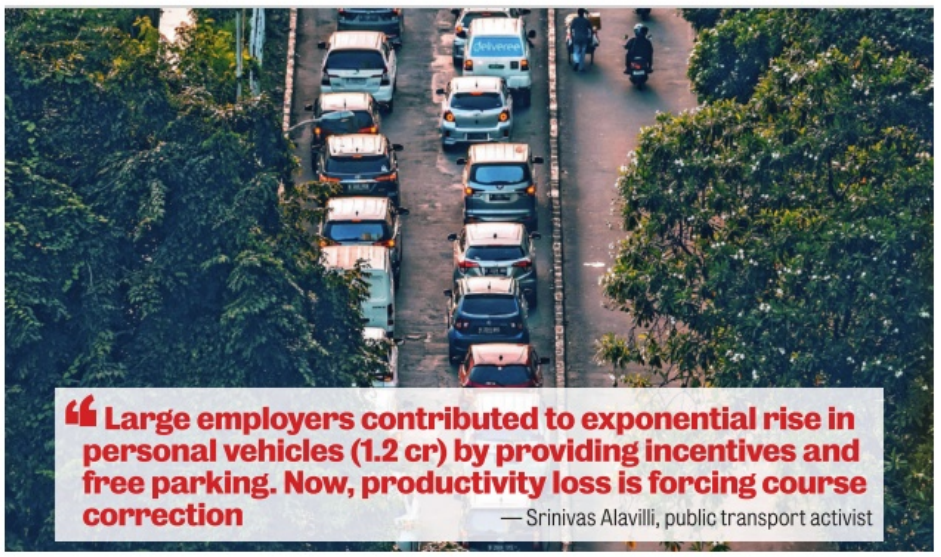
The tech firms in Bengaluru are hoping to contribute towards easing traffic congestion the city is infamous for by incentivising the use of public transport or other sustainable methods of travel such as carpooling.

Many firms through their various policies such as charging for parking within the campus premises have been actively nudging private vehicle owners to switch to mass transit.

NetApp, Mashreq Bank, TCS and Infosys and other firms have implemented policies in tech hubs like RMZ Ecoworld and Embassy Tech Village.

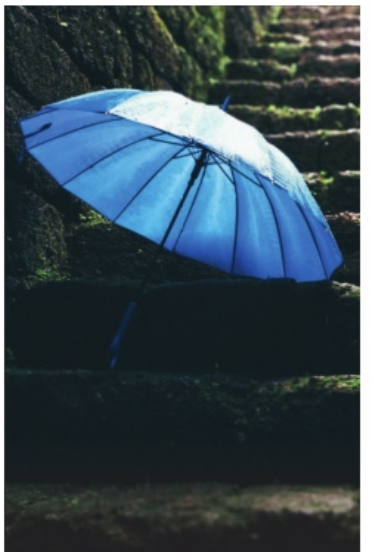
Companies are choosing to end the gap of first and last mile connectivity for employees who travel through the metro and buses by providing shuttle services, making public transport an attractive mode of travel. Along with this, many are opting to provide

CONTINUED ON PAGE 4 »



"Large employers contributed to exponential rise in personal vehicles (1.2 cr) by providing incentives and free parking. Now, productivity loss is forcing course correction

— Srinivas Alavilli, public transport activist



Waiting for rain

Hardly any rain's gonna fall this summer?

PAGE 6

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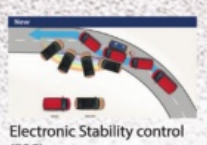

Electronic Stability control (ESC)

Edge over Competition				
	Features	Hyundai Grand i10 NIOS Asta	Maruti Suzuki Swift Zxi	Maruti Suzuki IGNIS Alpha
New Age Design	Sharkfin Antenna	Yes	No	No
	Roof Rails	Yes	No	Yes
	Unique C Pillar Branding	Yes	No	No
Intelligent Technology	Auto Headlamp	Yes	Yes	No
	Emergency Stop Signal	Yes	No	No
	20.25 cm (8") Touch Screen Infotainment with Smartphone Connectivity	Yes	17.78 Cm	17.78 Cm
	Wireless Charger	Yes	No	No
	Front USB charger Type C	Yes	No	No
	Cruise Control	Yes	Yes	No
	Eco Coating Technology	Yes	No	No
Outstanding Safety	Side & Curtain Airbag	Yes	Only Dual Front	Only Dual Front
	TPMS highline	Yes	No	No
Splendid Interiors	Rear AC Vents	Yes	No	No
	Rear Power Outlet	Yes	No	No
	Cooled Glovebox	Yes	No	No
Peace of Mind	3 Yr/100,000 km Standard Warranty	Yes	2 Yrs/40k Kms	2 Yrs/40k Kms
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3 THINGS TO DO

01 Joyful learning

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When: April 8 to May 3, 9:30 am to 12:30 pm
Where: Chimply Fun Pre-school, OMBR, Banaswadi

02 Let's Chhau

Discover the world of Chhau, a mesmerising traditional dance form, engage in some fun creative writing exercises, and make a colourful mask in a storytelling session by Vibha Batra, an award-winning and bestselling author, graphic novelist, advertising consultant, poet, lyricist, translator, playwright, script writer, travel writer, columnist, speaker and creative writing mentor. She has published 26 books and over 100 short stories and conducted creative writing workshops independently for children and young adults at schools and colleges. **When: April 6, 3:00 pm**
Where: Atta Galatta

03 Feel the beats

Calling all house and techno music lovers! Sing along and dance your hearts out at Indiranagar Social's 'Jackfruit Dance Party' featuring Alina, GST, Peachblok and That 90s Kid spinning the best of house and techno music. **When: April 6, 7 pm onwards; Where: Indiranagar Social**

For the record, there is no child labour in B'luru

Activists say the numbers may be 'hidden', urge proper identification of child labourers

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The Karnataka Labour Department claims that child labour has seen a spurt in the state due to Covid, however, no such cases were found in Bengaluru, making it the only district to have no child labour cases reported in the state. Contradictorily, activists say that the numbers may be 'hidden' and that it is time for the government to do serious work to identify the child labourers.

As per the Labour Department records, no child labourer has been found in the Bengaluru district since 2019-2020. However, in the neighbouring Bengaluru rural district, 48 child labourers were identified during raids in the years 2019–20, 31 in 2020–21, and 66 in 21–22. In Raichur district, 88 child labourers were identified in 2019–20; the numbers dipped to eight in 2020–21 but rose back to 174 in 2021–22. Officials say that these numbers show how child labour cases have been on the rise in non-Bengaluru districts.

Meanwhile, the activists say that the department should go for strict checking to keep the child labourers at bay. "In a city like Bengaluru, there may be greater awareness against child labourers. In fact, we can see boards at construction sites for the same. However, we suspect that there may still be a few sectors where children are secretly working. Hence, the labour department should send officials to every possible place and also take the help of the public to investigate and find any evidence of child labour," said Avinash S, a child rights activist.

Officials suspected that the kids who stayed away from schools during covid when many schools were shut, could have become child labourers. Hence, when the department officials raided various places, they found 1,981 kids being employed as child labourers. Surprisingly, 648 of them were girls! The minister said that some of the child labourers were those who had lost their parents to Covid. "Hence, such children were rehabilitated at residential schools and hostels, which were overseen by either the Child Welfare Committee or the Social Welfare Department," he added.

An official from the Labour Department said that the Union Government has enacted the Child Labour (Prohibition and Regulation) Amendment Act, 2016, which came into force on September 1, 2016. It provides for the complete prohibition of work or employment of children under the age of 14 in any occupation or process and adolescents in the age group of 14 to 18 in hazardous occupations and processes. It also provides for stricter punishment for employers for violations of the Act and makes the offence cognizable.

As per the National Crime Records Bureau, Karnataka reported 54 out of 476 cases under the Child and Adolescent Labour (Prohibition and Regulation) Act in the country. The objective of the National Child Labour Project (NCLP) scheme was to rescue and rehabilitate child labourers. Under this scheme, working children in the age group of 9–14 years are rescued or withdrawn from work and enrolled in the NCLP Special Training Centres, where they are provided with bridge education, vocational training, midday meals, stipends, health care, etc. before being mainstreamed into the formal education system.

"We suspect that there may still be a few sectors where children are secretly working. So, the department should go for strict checking to keep the child labourers at bay
– Avinash S, child rights activist

SSLC exam centres row: KSCPCR issues second summons

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The Karnataka State Commission for Protection of Child Rights (KSCPCR) on Wednesday decided to issue summons again to the Commissioner of the Department of School Education and Literacy (DoSEL). The commissioner's failure to appear before KSCPCR at 11 am on Wednesday as directed by them in the summons issued on April 2 called for this decision.

"We are supposed to give seven days to the commissioner of DoSEL to appear before us. The commissioner did not attend on Wednesday, so we have decided to issue summons once again. If he fails to appear, we will have to issue the summons for the third time, and if he fails to do so for the third time, we will then have to recommend the state government for a suitable action against him," said KSCPCR chairman Naganna Gowda.

Previously, in order to ensure a student-friendly atmosphere, inspect the availability of basic amenities at SSLC exam centres, and interact with teachers and students, the KSCPCR chairperson, in response to the letter by Nagasimha G Rao of the Child Rights Trust, wrote a letter to the commissioner of DoSEL advising him to make the arrangements for their visit. The chairman had made it clear that they have the right to inspect the schools and look after the safety of children as per the Right to Education Act.

As per the directions from the chairman, Dr Thippeswamy KT, a KSCPCR member, contacted the Sira District Education Officers regarding the visit to a few SSLC examination centres at Sira. But he was told that the commissioner of DOSEL had directed the education department officers in a video conference not to allow the KSCPCR chairman or its members to visit the SSLC examination centres.

Disappointed with the reply from the education officers, Dr Thippeswamy wrote a letter on March 30 to the KSCPCR chairman requesting him to register a case against the commissioner for this embarrassment. Based on the media reports on this matter, the chairman had issued the first summons. "The KSCPCR has considered this issue seriously and has decided to issue summons again, directing him to appear before it on a particular date," said Dr Thippeswamy.

The commissioner's failure to appear before KSCPCR on Wednesday called for second summons

Tree countdown picks up pace

BBMP forest cell official expect census process to be wrapped up by August

Bangalore Mirror Bureau
mybangaloremirror
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TWEETS @BangaloreMirror

Over the last one month, the Bruhat Bengaluru Mahanagara Palike (BBMP) has surveyed nearly one lakh trees in different parts of the city under its ongoing tree census. According to BBMP's officials from the Forest Cell, the enumeration process has now been accelerated.

"Bengaluru's tree census began a month ago and the agency working for us has enumerated nearly one lakh trees in RR Nagar and Bengaluru East zone. Starting April 1, the process has been fast-paced. The agency had sent 50 people for training and this trained workforce returned to conduct on-ground work on April 1," said BLG Swamy, Deputy Conservator of Forest, BBMP. BBMP has undertaken the tree census with assistance from an agency selected through a tender process. As per an unofficial estimate, the city has nearly two crore trees. Officials say with the accelerated pace, the census should be over by August this year.

"As per contract terms, the project should be completed in six months. We are expecting the census to be over by August," added Swamy. After the tender for the project was floated in October 2023, the work order was issued to an agency named Rasta Infra. Under the census, every tree in the city will get a yellow patch with a unique number painted in black. Unique IDs, a combination of ward name and tree number, are being generated by an application developed by the Karnataka Remote Sensing Institute.

Trees will also be geo-tagged and this information will be fed into the application for public consumption after the project is completed. Anyone who wants to access details of any tree in the city can go to the application and click on the particular tree. This will lead to information such as girth, species, location, and general health of the tree.

To enumerate the city's trees, the civic agency has divided Bengaluru into eight zones of approximately 1,000 sq km each. The fund allocated for the project is a little over Rs 3.74 crore.

After counting nearly 20 lakh trees, the total cost for the project based on the first leg will be estimated. Once the exact amount is calculated, funds will be sanctioned for the rest of the census.

As per unofficial estimates, the city has nearly two crore trees

> **"The agency has enumerated nearly one lakh trees in RR Nagar and Bengaluru East. Starting April 1, the process has been fast-paced**
>
> –BLG Swamy, DCF, BBMP

Man slashes his throat with knife in HC premises

In a shocking incident, a man tried to commit suicide in the Karnataka High Court on Wednesday by slashing his throat with a surgical knife, police said.

He has been shifted to a hospital and is being operated on. The incident took place at the court hall number 1 located close to the bench of the Chief Justice.

The man was identified as Chinnam Srinivas, 55, from Mysuru. According to police, Srinivas had slit his throat with a small surgical knife after submitting a petition in the court. The blood vessels located close to the oesophagus have been damaged and he was shifted to the Bowring Hospital immediately by the authorities.

Srinivas had come with his wife to the court to file a petition before the Chief Justice, according to sources.

Preliminary investigation revealed that he had entered into an agreement with Sridhar Rao and others for building an apartment and sharing the income, but alleged that he was cheated of Rs 93 lakh. He had lodged a case of cheating and being threatened at the Vijayanagar police station in Mysuru. A single judge of the High Court had directed the parties to settle the matter in the civil court. He had come to the court to submit a petition in this regard.

Further details are yet to emerge regarding the case and police are yet to make an official statement regarding the incident.

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Concerns heard: BBMP removes garbage, plastic from vacant land

Pourakarmikas clear the dump near railway parallel road, residents are pleased

Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

Residents of Rajiv Gandhi Nagar and other nearby areas are pleased with Bruhat Bengaluru Mahanagara Palike's (BBMP) measures in clearing the garbage and plastic dumped on the vacant land along the railway parallel road. They further want the authorities to ensure the same and protect saplings on the vacant land.

On April 2, the Bangalore Mirror published a story titled 'Garbage ablaze: What's BBMP doing?' narrating how some miscreants have set the garbage on the vacant site on fire, causing a lot of inconvenience to the residents and polluting the environment.

Following which, the BBMP Junior Health Inspector assured the removal of garbage and plastic from the vacant land and deputed pourakarmikas on April 2 to clear the site. He had also assured to keep the vacant land free from the dumping of plastic and garbage in the future.

A pourakarmika removing garbage on the railway parallel road near Rajiv Gandhi Nagar on Tuesday

Bangalore Mirror
Garbage ablaze: What's BBMP doing?

BM's report on April 2 narrates how some miscreants have set garbage on fire on the vacant land, causing inconvenience

Shobha, a resident, said, "Some of the well-grown trees have burned when the miscreants set garbage and plastic on fire." She further expressed her gratitude to the BBMP for clearing the grounds.

Meanwhile, Sujatha, a resident, said that she noticed the garbage along the railway parallel road during her morning walks. "I am fed up with the apathy of BBMP Solid Waste Management authorities, who neglect not only the railway parallel road but also the primary health centre road, which has become a destination for garbage dumping. It is said that the pourakarmikas are not collecting garbage from door to door in the latter area. It will be a great help if the BBMP SWM authorities take measures to collect garbage from door to door," she added.

> **"It is said that the pourakarmikas are not collecting garbage from door to door on the primary health centre road**
> – Sujatha, a resident

This situation calls for a question: Will the BBMP authorities ensure clearing garbage and plastic on the railway parallel road on a regular basis? Well, the residents will have to wait and watch.

Tech firms to fill gap of first/last mile connectivity for employees

CONTINUED FROM PAGE 1

metro passes. When the National Common Mobility Card (NCMC) was introduced by the Bangalore Metro Rail Corporation Limited (BMRCL) last year, companies had shown interest in buying them for their employees. On the other hand, those who choose to carpool will be entitled to a monthly stipend along with special parking spots set out for the car. The objective behind the move is to reduce the number of private vehicles on the road, which will significantly reduce pressure on traffic while also helping employees switch to a much more sustainable mode of travel.

"Large employers contributed to the exponential rise in personal vehicles (1.2 Cr) by providing incentives and free parking. Now, productivity loss is forcing course correction. The only sustainable solution is public transport; glad to see a positive approach," said Srinivas Alavilli, a public transport activist, while noting that the Outer Ring Road Companies Association (ORRCA) played a key role. "The cost of providing free parking to employees is quite high for companies in tech parks – there is significant cost savings in getting more employees to use public transport besides all the environmental benefits and reduction of congestion which leads to productivity loss," he added.

On the other hand, many employees are of the view that the companies must consider reverting back to working in the hybrid mode, requiring them to report to work at the office only three days in a week.

"Companies must focus on ensuring productivity from employees, despite where they are working from. If it is possible for operations to continue smoothly in the hybrid mode, they must continue to do so without mandating office visits as commuting for long hours can be tiresome for many. A significant number of vehicles on roads will naturally reduce as a result," said an IT employee.

However, the companies within a certain area must coordinate to ensure there are no clashes among themselves, she added.

Biometrics blow lid off clerical exam fraud

Two youths from Haryana were apprehended by Bengaluru police for allegedly orchestrating a scheme wherein imposters were sent to sit for a written examination for a clerical position in a local school.

The incident unfolded at Rashtriya Military School when the accused, identified as Aatish, 20, and Ajay Kumar, 19, were flagged during a skill assessment as their fingerprints did not match those of the individuals who had initially appeared for the exam. Major Sumit Dhiman, the school's administrative officer, lodged a complaint with the Ashoknagar police station, revealing that vacancies for lower division clerks were advertised on March 9, 2023. The eligibility criteria included candidates aged between 18 and 25, who had completed Class 12 and possessed English typing proficiency at 35 words per minute.

Aatish and Ajay had submitted their applications and paid the examination fees via demand draft. However, on March 24, imposters sat for the exam at the school's Austin Town campus, with officials routinely collecting fingerprints from all examinees. Suspicion arose during the subsequent skill assessment on March 30, when Aatish and Ajay's fingerprints failed to match those collected earlier. An investigation confirmed that two impersonators had taken the exams on behalf of Aatish and Ajay.

According to a senior police official, Aatish had enlisted a relative skilled in competitive exams as his proxy, while Ajay had sought assistance from a friend. Monetary compensation was not offered; instead, the duo covered their proxies' travel and other expenses. Unaware of the fingerprint scrutiny, they provided their authentic Aadhaar cards for the imposters to use. A special police team has been assembled to apprehend the imposters, believed to be in Haryana. The Ashok Nagar police have registered a case under sections 419, 420, 465, 468, and 471 of the Indian Penal Code.

— BMB

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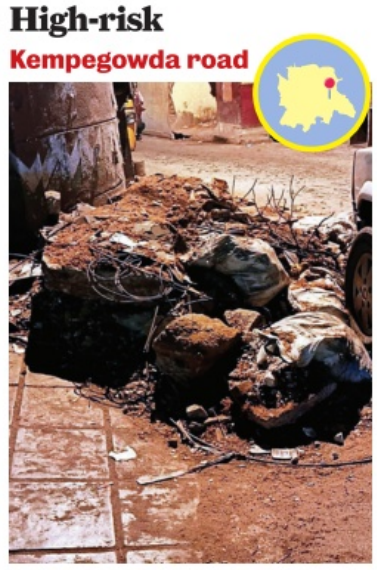
Abandoned pillars

Virupaksha

Electric pillars have been left on the main road of Virupakshapura Kodigehalli 3rd Main for over a year, causing inconvenience to pedestrians.

High-risk

Kempegowda road



Heaps of gravel, stones, and soil on the footpaths pose a safety threat to pedestrians on Kempegowda Road.

The billboard nuisance

Benniganahalli

This display board of an illegal eatery operating on 2nd A cross is blocking the free flow of vehicles on 4th Main Road, OMBR Layout, ward 50 Benniganahalli.

Pet Fiesta

A fun day out with our most loved furry friends — what's not there to love? If you want to celebrate your beloved companions and show them off and connect with other pet lovers in the community, here is your chance.

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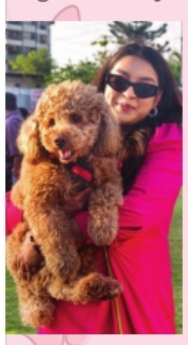

Please send us the most goofy pictures of you with your pet

The best 30 will get a chance to be a part of **Pet Fiesta** to be held at Jayamahal Palace on **April 7**.

Bangalore Mirror win win situation

Please send us your name, age and area of residence along with the pictures on our email id **mybangaloremirror@timesgroup.com** or **whatsapp** it to us at **9591233247**.

Conduct inquiry, KSRTC union backs conductor

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Bangalore Mirror
ALL ABOARD THE ANGER BUS?
Episode of violence involving enraged bus conductor and woman passenger puts spotlight on areas of concern BMTC should be looking at
'Conductor buried abuses, pulled hair, slapped me'

The federation has written to BMTC MD highlighting the need for BMTC to take up more worker-friendly measures in such cases

The Karnataka State Road Transport Corporation (KSRTC) union has demanded that BMTC give bail to all its employees who get arrested on duty and not suspend them without any inquiry.

The demand comes after a BMTC conductor was arrested after a video showing him assaulting a woman had gone viral. A case was filed against the conductor at Siddapura Police Station and the conductor was suspended. However, the KSRTC Staff and Workers Federation has alleged that BMTC suspended the conductor without due inquiry and failed to pose a bail amount for him.

The federation has written to BMTC MD highlighting the need for BMTC to take up more worker-friendly measures in such cases.

"According to the agreement between the federation and management, they are required to pay bail in case a staffer is arrested on duty. However, not only did the BMTC not post bail or provide any legal assistance for the staff but suspended the staff and handed him over to the police.

The staff was in jail for 1.5 days. As per the Industrial Dispute Act, they are required to pay bail and we can take criminal action against the management if the government agrees that there has been a violation of the agreement," said Vijay Bhaskar, general secretary of KSRTC Staff and Workers Federation.

The federation has also alleged that as per the CCTV footage, the female passenger attacked the conductor first. "The conductor also has filed a complaint against the passenger at Siddapura police station," he added.

In the letter addressed to the MD, the federation has demanded that BMTC immediately reinstate the conductor and a formal inquiry be conducted in this regard. They have demanded that BMTC only take action after a formal inquiry.

Look at the cat who dragged in

Rescuers find 8-10 month-old leopard hiding out under BMTC bus after being struck by speeding vehicle near Turahalli forest

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@timesgroup.com
TWEETS @BangaloreMIRROR

A female leopard aged between 8-10 months was hit by a car and was found hiding under a BMTC bus at Chikkegowda Palya, Kanakapura Main Road next to Turahalli state forest on Wednesday. A local reported the incident to the PfA wildlife rescue and the quick response team (QRT) of PfA in collaboration with the Karnataka Forest Department came to the spot and rescued the leopard.

The incident happened around 10.30 am and according to the local, a speeding car hit the leopard and the dazed leopard went and hid under a BMTC vehicle.

PfA's Chief Veterinarian, Colonel Dr Nawaz Sharif, said, "It was hit by a car and it got dazed. There was a bus nearby and it went below the bus. We got information and reached the spot within 10 minutes.

"There has been a lot of human animal conflict. The leopard was in its habitat near the forest. And near the Turahalli forest, the road passes through the forest. We always say that the vehicles moving through the forest show go slowly

One of the curators went under the bus and pulled out the sub adult female. We rescued it without anaesthesia and rushed to the PfA wildlife hospital. We mildly sedated it and did all the clinical parameters. There were no fractures or any internal problems. She is perfectly fine."

The rescue team included Rahul, Salman, Vasanth and Dr Madhav. "Upon getting the information, we informed the local team of the Karnataka forest department. The forest guards reached the spot and kept the crowd at bay. We reached the spot with all the safety equipment and were successful in rescuing the leopard."

The rescue was done within 2-3 minutes and the leopard was taken to hospital. The scans and x-ray did not show any injuries and it was decided to release the leopard in its habitat.

Col Sharif said, "There has been a lot of human animal conflict. The leopard was in its habitat near the forest. And near the Turahalli forest, the road passes through the forest. We always say that the vehicles moving through the forest show go slowly. Luckily, the leopard was unharmed despite being hit by a car. A few weeks ago, we rescued a deer that was also hit by a vehicle."

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Turn city into sponge, expert suggests

Experts say the only way Bengaluru can avert water crises in the future is if it manages to ensure that all the rain that falls in the city stays in the city.

The organisation Citizen for Citizens has put forth an idea of turning Bengaluru into a sponge city. As the name suggests, the city should soak up all the water as a sponge. "We must reduce run-off water. Earth, by nature, does act like a sponge. But when we cover it up with cement and concrete, and other impervious material, absorption of water drastically reduces, leading to run-off and wastage of water. And then we pump it up from 100 km. Sponge City will give two massive benefits - drastically reduce the possibility of flooding and significantly raise the water table, helping revive all our open wells, bore wells, lakes, etc," said Raj Dugar, founder C4C .

Emphasis is on need to revive city's borewells

He said Bengaluru is spread over an area of about 2.5L acres. "Imagine we had 2.5L reverse wells/absorption wells/ soak pits/recharge pits/ leach pits at suitable private and public spots all across Bengaluru. A soak pit is a covered underground circular/rectangular porous chamber – about 3 feet diameter & 6 to 10 feet deep – with suitable gravel in and around it to let rainwater into the earth, which will help reduce flooding and also raise the water table."

Another important step the concept entails is criminalising the release of chemical/industrial waste, garbage, and sewage into open areas must be strictly enforced, with mandated treatment. Chemical, industrial, and e-wastes should be strictly avoided in landfills.

Dugar added, "Regular de-silting of stormwater drains (SWDs) and making them rainwater-harvesting-ready are essential, along with rainwater soak pits at low-level points in the city and around borewells."

Planting more native trees, enforcing building by-laws, and regularly de-silting and demarcating lakes are also crucial. **— Iffath Fathima**

THE DRY SPELL CONTINUES

Scenes from how residents of slum areas in Munekolalla and Varthur are dealing with the thirsty days of April

PICS: KAUSHIK JN

Hardly any rain's gonna fall?

As March turned out to be completely dry month, people are looking up to skies, praying for showers, respite from spiking temperature

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharvMIRROR

These days, rain has been on every Bengalurean's mind. Amid the water crisis and rising temperature, the city has not witnessed a spell of shower for many months now. According to Met department officials, rain was predicted for March, but it didn't happen. On average, Bengaluru was supposed to receive 14.7 mm of rainfall in March, but this year, there hasn't been even a drop. Officials said this is the first time in recent years that March saw no rain.

This has also resulted in a spike in temperature. As per the IMD update, Bengaluru recorded 37.2 degrees Celsius on April 2, which is the highest for April (the highest temperature recorded in April was during April 2016). According to Namma Karnataka weather updates on X platform, April 22, 2016, recorded 37.4 degrees Celsius, April 23, 2016, recorded 38 degrees Celsius, April 24, 2016, recorded 39.2 degrees Celsius, and April 25, 2016, recorded 37.1 degrees Celsius. Weather experts mention that the average temperature in April is 34 degrees Celsius, and currently, the city temperature is around 3.2 degrees Celsius above normal. Worse, it's not just the day temperature that is rising but even nights are becoming warmer. Tuesday night saw the city temperature at 24.5 degrees Celsius, which was again 2.7 degrees Celsius above normal.

> **"During El Niño events, convection heats up the atmosphere, resulting in changes to the atmospheric circulation pattern, especially over the South Asian region** –Expert

Experts have indicated that the rise in daytime temperatures can be attributed to the weakening impact of El Niño, characterised by warmer-than-average sea surface temperatures in the Pacific Ocean, often leading to elevated temperatures. Additionally, they mention the possibility of a neutral phase, signifying neither El Niño nor La Niña, emerging soon.

Typically, in tropical regions, temperatures tend to rise in the year following the development of El Niño. However, the recent El Niño event in October-November 2023 is diminishing. The prolonged hot spells during El Niño events or the subsequent year can be attributed to alterations in the large-scale movement of air across the Earth and the heating of the atmosphere caused by warm surface waters in the central and eastern equatorial Pacific Ocean.

"During El Niño events, convection heats up the atmosphere, resulting in changes to the atmospheric circulation pattern, especially over the South Asian region, leading to a rise in temperatures in the year following the development of El Niño. The warming of the equatorial Pacific Ocean during El Niño is also associated with an increase in the number of heatwave days in India. The El Niño event, which began in October-November last year, began to diminish in March, but its effects are expected to persist for several months," said an expert.

'Necessary steps at appropriate time'

Congress' Dinesh Rao welcomes SC ruling on VVPAT slips

Karnataka minister and Congress leader Dinesh Gundu Rao hailed the Supreme Court's ruling on Wednesday regarding the plea seeking counting of all Voter Verified Paper Audit Trail (VVPAT) paper slips in elections.

"I welcome the Supreme Court's decision to issue notice to the ECI in response to our petition seeking the counting of all Voter Verified Paper Audit Trail (VVPAT) paper slips in elections, instead of verifying only 5 randomly selected EVMs in each assembly segment of a parliamentary constituency," Dinesh Rao said in a post on X.

"The judiciary is taking the necessary steps at the appropriate time, and we have faith that the Constitution will be upheld regardless of the circumstances," he added.

The Congress leader accused the Prime Minister Narendra Modi-led union government of repeatedly attempting to 'subvert democracy'.

"Modi government has repeatedly attempted, through various means, to subvert democracy and undermine free and fair elections nationwide. But as long as the pillars of democracy stand strong, this move won't serve the interests of the dictatorial government," he said.

> **"As long as the pillars of democracy stand strong, this move won't serve interests of the dictatorial government**
>
> –Dinesh Gundu Rao

The state minister then appealed to the court for a 'timely resolution' on the petition before the upcoming elections.

"A timely resolution to this matter before the onset of elections is required for this petition to truly carry weight. #SupremeCourt #VVPAT," Dinesh Rao added.

The apex court earlier on Monday issued notice to the Election Commission of India and the Centre on the petition seeking the counting of all VVPAT slips instead of the verification of only five randomly selected Electronic Voting Machines (EVM) in each assembly segment of a parliamentary constituency.

The petition filed by lawyer and activist Arun Kumar Agrawal further challenged ECI's guideline that mandates that VVPAT verification shall be done sequentially, i.e. one after the other, causing undue delay.

It sought direction that the ECI mandatorily cross-verify the count in EVMs with votes that have been verifiably 'recorded as cast' by the voter through the VVPATs by counting all VVPAT paper slips.

—ANI

KAUSHIK JN

RALLY IN SUPPORT: Bike rally by supporters of Mansoor Khan after he filed his nomination on Wednesday

Cash, booze worth ₹33 cr seized in Karnataka so far

The Election Commission on Wednesday said that Rs 26.68 crore in cash, alcohol worth over Rs 33 crore was seized while 1,205 cases with regard to seizures have been registered since the model code of conduct came into effect on March 16 in Karnataka.

The general elections in Karnataka will be held in two phases on April 26 and May seven for its 28 constituencies.

Total seizures worth Rs 85.43 crore have been made till date, they said.

According to a statement issued by the office of Karnataka Chief Electoral Officer, since the Model Code of Conduct came into force, the flying squads, static surveillance teams and police authorities have seized Rs 26.68 crore cash, Rs 1.75 lakh freebies, 10.73 lakh litres of liquor worth over Rs 33 crore, 286.91 kg narcotic substances valued at Rs 3.13 crore, 16 kg gold worth over Rs 9.43 crore, 59.04 kg silver worth over Rs 27 lakh and 21.17 carat diamonds worth Rs 9 lakh among others.

The Excise Department has booked 1,248 heinous cases, 1,203 cases for breach of licence conditions, 79 NDPS (Narcotic Drugs and Psychotropic Substances Act) and 5,327 cases under Section 15 (a) of Karnataka Excise Act 1965 and also 732 different types of vehicles have been seized. —PTI

Union Minister Shobha Karandlaje & several others file nominations

Several candidates including Union Minister Shobha Karandlaje filed their nominations on Wednesday for the April 26 Lok Sabha elections in Karnataka.

The Union Minister of State for Agriculture and Farmers Welfare submitted her papers as the BJP's candidate from Bangalore North. She held a road show accompanied by former Ministers Byrathi Basavaraj and Gopalaiah.

Karnataka Minister HC Mahadevappa's son Sunil Base filed his nomination as Congress nominee from Chamarajanagar. He also held a roadshow accompanied by Chief Minister Siddaramaiah, Deputy Chief Minister DK Shivakumar, Home Minister G Parameshwara and a few other bigwigs of the ruling party.

Bose's opponent in Chamarajanagar S Balaraj and Leader of Opposition in the Legislative Council Kota Srinivas Poojari (Udupi-Chikmagalur) also filed their nominations as BJP candidates.

K Jayaprakash Hegde, who was until recently the Chairman of Karnataka State Commission for Backward Classes that submitted the much-awaited Socio-Economic and Education Survey report, popularly known as the "caste census" to the government, filed his nomination as Congress candidate in Udupi-Chikmagalur segment.

Scion of erstwhile Mysuru royal family Yaduveer Krishnadatta Chamaraja Wadiyar and former Minister V Somanna (both BJP), who filed their nominations earlier, submitted another set of papers on Wednesday. State BJP President BY Vijayendra and JD(S) leader H D Kumaraswamy held a road show with Wadiyar in Mysuru, and later joined him as he submitted his nomination papers. —PTI

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CHANGE OF NAME

I Khaleed Ameen S/o Khaleel Ulla Khan R/o No 2/48, 2nd Main 4th Cross B T M 1st Stage Bangalore-560029 have changed my name to Khalid Ameen I for all purposes

I, Nagaraj Kulkarni R/o 37/1, 2nd cross, Netaji road, 3rd main, 4th block, SBI staff colony, Basaveshwaranagar, B'luru 560079 have changed my name to Nagaraj Gururaj Kulkarni affidavit Dt.03/04/2024 notary Harisha G, B'luru

I, Dixitaba P D/o Pravin Sinh Jadeja R/o No.215, B-block, Unique Concord Apts, Devinagar main road, Kodigehalli, RMV 2nd stage, Bengaluru 560094 have changed my name to Dixitaba Praveen Sinh Jadeja affidavit Dt.03/04/2024 notary Harisha G, B'luru

I, RAMESH VENKATAPPA LOKARAJA S/o. Lokaraju Venkatappa, R/a. Shri Raksha Nilaya, 1st Main 2nd Cross, Bankcolony, Chitradurga - 577501. I have Changed my name to RAMESH VENKATAPPA LOKARAJU Vide Affi Dtd 01.04.2024 Sworn before notary : Devaraja.E.

CHANGE OF NAME
I, Sribalaji Mohanraj, R/at Flat No. 305, 3rd Floor, HNR Residency, Chelekere, Kalyan Nagar, Bangalore 560043 have changed my name to **Srimaya** and Gender from male to female for all practical purposes vide affidavit dt. 22.03.2024 sworn before Notary Rukhibai, Bangalore.

I, Lokesha S, R/a #422/1, Janatha Colony, Madanaya kanahalli, Bengaluru Rural 562123. I have changed my name to Lokesh S. Vide affidavit dated 29-03-24. Sworn before notary N. Mahesha Bengaluru.

I, Akif Ahmed Salehmohammad Khan S/o, Salehmohammad Khan R/o 005, Niveshana Highfield, 1st Main Rd, Doorvani Nagar, Bangalore- 16 have changed my name to Akif Ahmed Khan for all purposes.

I, Mamta W/O Ashok Kumar Mehta R/O Flat No-102,1st Floor,Vasavi Enclave Sajjan Rao Road,Bangalore Pin-560004,Karnatka,Have Changed My Name To Mamta Mehta For All Future Purpose.

I, Kashif Ahmead S/o Ahmead Khan R/o No 508/1 14th main Road 17th Cross old Guddadahalli devaraja urs Nagar Bangalore-560026 have changed my name to Kashif Ahmed I for all purposes

I, HADI BABU PASHA R/at No.43/1, 9th Main Road, Padarayanapura, Bengaluru-560026 have changed my name to HADI BABU vide affidavit dated: 26/3/2024 Before Notary Deepa.M Bangalore

I, Sharmila Dilip Chari, R/a #821, 13th Cross, Mahalakshmi Layout, Bengaluru 560086. I have changed my name to Sharmila Chari. Vide affidavit dated 02-04-24. Sworn before notary B Seshagiri Bengaluru.

I, Irshad Ahamed S/o Abdul Rasool, R/at No.3776, 8th main road, Kaveri Nagar, BSK 2nd Stage, Bengaluru-560070 have changed my name to Irshad Ahmed, affidavit dt: 02.04.2024 Notary H.R Panduranga, B.lore

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SWEET SOMETHING

What is sugar and what would happen if I stopped eating it? A scientist explains

The world has declared a time-out on sugar consumption. The harmful link between disease and dietary sugar was recently outlined in a comprehensive assessment of published studies.

Recognising this link between widely consumed food and disease is essential in marshalling forces to change harmful outcomes. These include coronary heart disease, obesity, type 2 diabetes, tooth decay and some cancers. For over a decade, my research has focused on the mechanisms by which fructose intake plays into disease.

A growing number of African countries have joined the worldwide efforts to reduce sugar intake. For instance, in an attempt to address obesity, diabetes and other non-communicable diseases, South Africa introduced a tax on sugar-sweetened drinks in 2018.

It's hard to avoid sugar when it's become a normal part of diets and when we celebrate special times with sweet treats. But being more aware of what sugar is and how it can affect our health is the first step.

What is sugar?

Sugar is a class of naturally occurring sweet-tasting molecules found in fruits, vegetables, plants and the milk of mammals. It can be extracted from these natural sources and concentrated in processed foods.

The sweet-tasting molecules in sucrose (table sugar) are glucose and fructose.

Sucrose is a disaccharide. This is a molecule made of two simple sugars – glucose and fructose – in a 1:1 ratio and chemically bound. Sucrose is used in many processed foods.

High fructose corn syrup, also used in processed foods, is a mixture of the monosaccharides glucose and fructose. Usually the combination is 45% glucose and 55% fructose.

Sucrose and high fructose corn syrup are more concentrated in processed foods than in fruits and vegetables.

Both are considered added sugars when they are added to foods and drinks. Besides the sweet taste, they may be added for colour and texture, as a preservative or to aid fermentation.

There are other natural sugars found in the foods we eat. Lactose, or milk sugar, is a disaccharide made of two simple sugars – glucose and galactose – in a 1:1 ratio. It's found in mammals' milk and produced naturally to provide nutrition to offspring, and in other dairy products, such as cheese and ice cream.

Honey, made from nectar by honeybees, is primarily a mixture of glucose and fructose monosaccharides with some maltose, sucrose and other carbohydrates. Maltose, which is found in breakfast cereals and breads, is a disaccharide of two glucose molecules.

Naturally occurring sugars are made by plants, bees or mammals based on their needs.

The human body needs glucose as a fuel for every cell, especially brain cells. That's one of the reasons why we need a stable blood glucose level throughout the day and night.

The way our bodies use fructose is different. It can be turned into glucose, used as fuel, or processed into fats, called triglycerides. Excessive fructose in our diets can lead to increases in blood triglycerides, liver fat, blood glucose, body mass index and insulin resistance (where the body cannot easily remove glucose from the bloodstream).

Increases in these markers can lead to an increased risk for metabolic dysfunction, type 2 diabetes and non-alcoholic fatty liver disease (or metabolic dysfunction-associated steatotic liver disease).

Because of the difference in how the body uses glucose and fructose, and evidence that a higher consumption of sugar leads to worse health outcomes, we must be mindful of the added sugar we eat.

What would happen if we quit eating sugar?

A group of scientists performed a study and published a set of research papers that detailed exactly what happened when over 40 children (aged eight to 18) stopped eating sugar and fructose for 10 days. The participants didn't stop eating bread, hotdogs or snacks. They stopped eating fructose. These studies found significant reductions in:

- newly made triglycerides (or fats)
- fasting blood glucose
- blood pressure
- fat stored on organs, including the liver
- AST, which is a marker of liver function
- insulin resistance, as their cells were better able to remove glucose from the bloodstream
- body mass index.

The participants also reported feeling better and were better behaved.

The World Health Organization has made recommendations for adults and children to reduce their sugar intake to about 58 grams, or 14 teaspoons, per day or between 5% and 10% of total caloric intake.

This is not a lot of sugar.

Consider that a 300ml bottle of Coca-Cola or 240ml cup of sugarcane juice contain about 30 grams of sugar. One piece of mandazi, a popular deep-fried Kenyan wheat snack, has about 4 grams of sugar, or about 6% of the WHO's recommended intake contained in each small piece.

What can I do to lower my sugar intake to recommended levels?

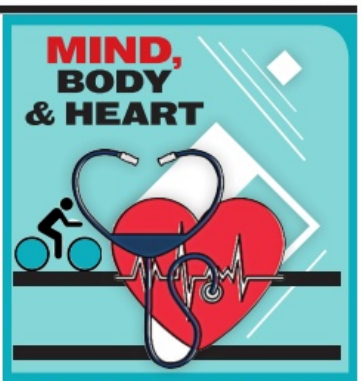
First, keep track of everything you eat during a typical day, what you eat, when you eat and how much you eat. Secondly, give yourself a star for the fresh vegetables and whole fruits you eat, and identify the foods that have added sugars.

Now, set an attainable goal that details one thing you can change to either:

- increase the whole fruits or vegetables you eat or
- decrease the amount of added sugar that you eat each day.

This way, you can be mindful of the added sugar you consume and adjust what you eat accordingly.

(By Grace Marie Jones, Touro University, The Conversation)



All you need to know about...

Bad for the heart

Unhealthy link
Researchers have found an association between people who are unemployed, uninsured, or do not have education beyond high school, lack of proper sleep, and an increased risk of cardiovascular disease.

Social determinants
The study on Asian Americans, including Asian Indian adults, published in the Journal of the American Heart Association, found that the link between these unfavourable social determinants of health variables and cardiovascular disease risk factors varied widely among people in different subgroups. However, the team researchers said that an association does not mean that social determinants of health directly caused the risk factor.

Suboptimal sleep
For the data, the team included data on 6,395 adults who self-identified as Asian. Of these, 22 per cent were Asian Indian adults. Asian Indian adults reported a 20 per cent likelihood of suboptimal sleep; and a 42 per cent increased likelihood of insufficient physical activity -- major risk factors for heart disease.

Unfavourable condition
The analysis also found that for all Asian groups, "a higher unfavourable social determinant of health score by one standardised unit was associated with a 14 per cent greater risk of high blood pressure; a 17 per cent greater risk of poor sleep; and a 24 per cent greater risk of Type 2 diabetes -- all of which increase the risk for developing cardiovascular disease."
Lead author Eugene Yang, Professor of medicine at the University of Washington School of Medicine in Seattle said: "Many social determinants of health are often interconnected, such as neighbourhood cohesion, economic stability and use of the health care system."

—IANS

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I Harisha G M S/O, Mallappa R/o No.54, First Floor, Yallappa Layout, Near Devigere Cross, Thagachaguppe, Kumbalagodu, Bangalore - 560074 have changed my name to Harish G M.

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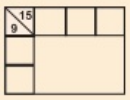
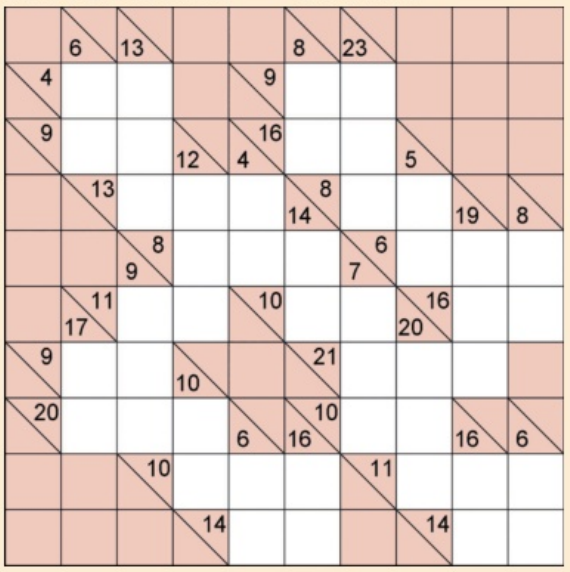
Kakuro

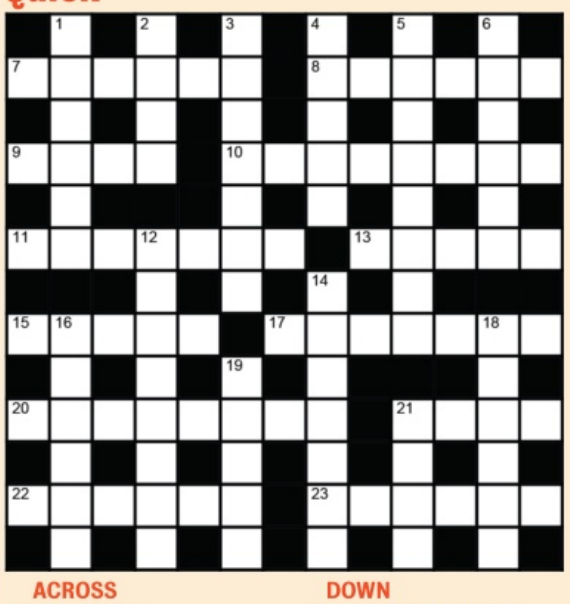
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Wriggle with embarrassment (6)
8 A very clever person (6)
9 Bundle of hay (4)
10 Pickled herrings (8)
11 Einstein's speciality (7)
13 Entrap (5)
15 Small shoot (5)
17 Waterfall (7)
20 Last born? (8)
21 Luv's twin brother (4)
22 Roman philosopher and statesman (6)
23 One of the outer planets (6)

DOWN

1 Indoor court sport (6)
2 Climbing-plant (4)
3 The New World (7)
4 Active, spry and athletic (5)
5 Assisting the memory (8)
6 Pullover (6)
12 Branches of knowledge and skilful techniques (8)
14 Bangalore's second largest lake (7)
16 Establishes as true (6)
18 Capital of Assam (6)
19 Rot away (5)
21 New Zealand parrots (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: K EQUALS G

WTS ZCN NPQ PDSJOPES LTNG-SLL BL WP MSOPES LP ZJCIISF QI BG LPESWTBGK WTCW NPQ XPJKSW WP MS CXJCBF.

Linemaro

Does your dad sell diamonds? Because you are flawless

Mindchow

Santa Claus has the right idea. Visit people only once a year

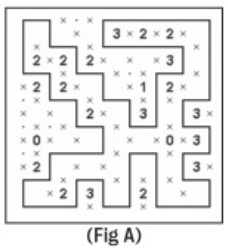
Joke of the day

Man at 2 am: I'm on my way to listen to a lecture about alcohol abuse and the effects it has on the human body. Cop: Really? Who's giving that lecture at this time of night? Man: My wife

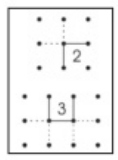
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

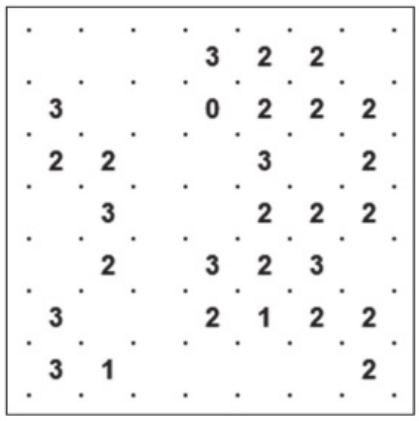


(Fig B) Not Allowed

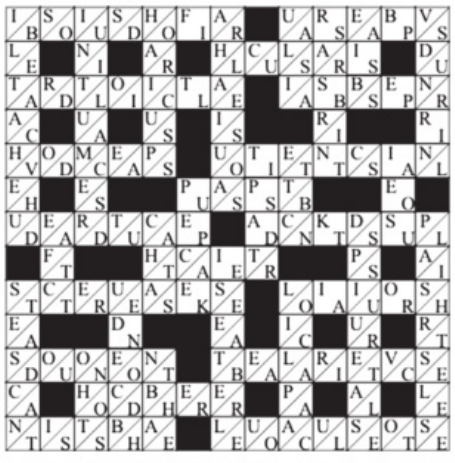
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



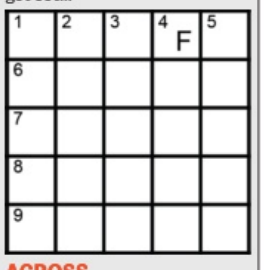
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

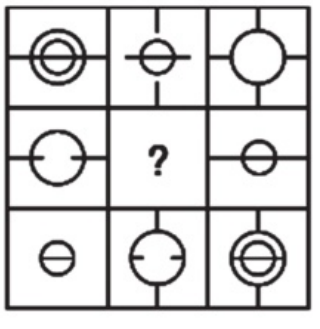
1 Let FC; 6 Hired;
7 Tuile; 8 Camel;
9 Tapis

DOWN

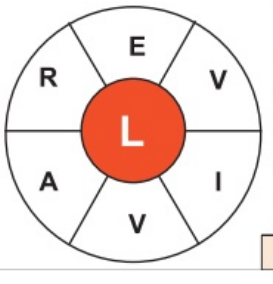
1 P chum; 2 Tail i;
3 Cited; 4 A fell;
5 Reset

Mensapuzzle

Draw the contents of the middle tile in accordance with the rules of logic already established.



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

18 Average; **20** Good; **22** Outstanding

SudokuChallenge

4		5			1			
9					6		4	
		6			9	2		8
	6	1			7			4
		4				9		
7			4			1	3	
8		3	6			5		
	2		7					6
			8			3		2

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 2

5 5 5 7

Medium = 12

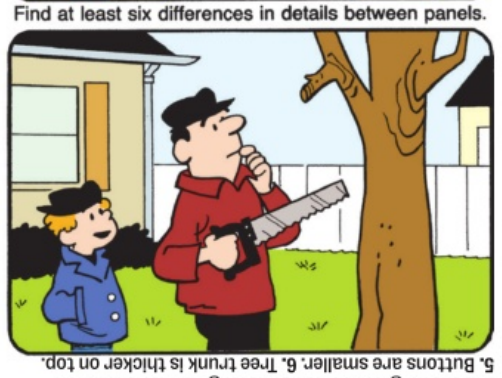
3 4 4 9

Hard = 36

6 8 9 6

Hocusfocus

Find at least six differences in details between panels.



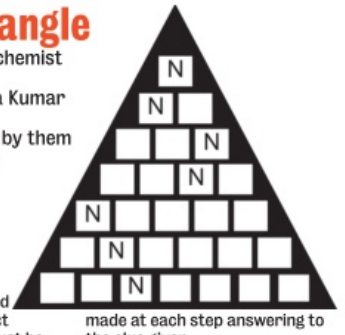
Differences: 1. Saw blade is different. 2. Boy's left arm is not showing. 3. Roof is not as long. 4. Man is thinner. 5. Buttons are smaller. 6. Tree trunk is thicker on top.

Riddler

Money is right above my reach, I'm barely staying out of The Emergency Room (It is right below me), Room #3 is to my left, Room #5 is to my right with a 5% interest rate. What Am I?

Alpha triangle

1 Nitrogen for the chemist
2 Neon symbol
3 Nobelist Amartya Kumar
4 All there
5 We are all known by them
6 Tailor's measure
7 Memory loss



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE »

COMICS

Popeye

Bizarrotrip

Wayno & Piraro 1-2-24
I ask the court to consider as a mitigating factor that my client wasn't raised in a stable environment.
Dist. by King Features ©2024 BIZARRO STUDIOS BIZARRO.COM

Diamond Lil

Hart of the city

PSST!
PSST!
HEART! WHY DID MIKE GROAN WHEN MY NAME WAS CALLED?
I'll find out!
Why did mike groan when dean's name was called for groups?
Oh he hates Dean. Like a LOT. You didn't know?
PSST!
I got some bad news buddy.
@GOCOMICS.COM/HEARTOFTHECITY

Crankshaft

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may plan for a change in place, but it is advised to postpone the decision related to migration. It is also advised to avoid investing in business. By late evening and with the help of good advice from one of the elders, you may control the messy situation.

Taurus Apr 21 – May 20
Today, your patience and meditation may help you increase concentration, which will speed up your project. Your subordinates may cooperate with you, which may help you complete the project on time. There may be some short trips related to work, and you may likely meet an influential person who may help you boost your business.

Gemini May 21 – Jun 21
Today, you may spend money to buy some creative or artistic artefacts to renovate your house, which may increase your social status. You may implement some new plans in your family business, and it will pay you in terms of gains in the near future. You may also be busy with family or social get-togethers.

Cancer Jun 22 – July 23
Today is a good day for you, and this is your challenge to avoid straightforwardness. You may have good vitality and health. You may enjoy your work. It is advised to avoid arguments on worthless topics to avoid some disputes in the family. Job seekers may find a suitable job. Lovebirds are advised to avoid arguing on worthless topics.

Leo Jul 24 – Aug 23
Today, you are not blessed by the moon. You may feel unhappy, become impatient, find it difficult to perform your tasks, and not be able to fulfil your desires. You want to be detached from the given responsibility. You may not be able to complete any tasks.

Virgo Aug 24 – Sep 23
Today, you are blessed by the moon. Work-related pressure may go away. Your earnings may be converted into profits now. You are likely to invest for a long time. You may get an overseas work order, which may give you financial benefits in the future. You may find your soulmate. Students may hear good news about their academics.

Libra Sep 24 – Oct 22
Today, you are blessed by the moon. You may perform well in your professional field and may implement your business plans very easily with the help of your colleagues. Intellectual and financial investments may start yielding profits now, which may increase confidence levels. You may use your wisdom to gain benefits.

Scorpio Oct 23 – Nov 22
Today, you are blessed by the moon and inclined towards spiritualism. Your spiritual power may make you happy, and your way of thinking may be positive. You may plan to visit a religious place. You may also take an interest in occult science. You are likely to observe flawlessness in your nature. It is advised to keep your views to yourself and try to discuss them with those who may understand your feelings.

Sagittarius Nov 23 – Dec 22
Today, you may feel nervous, lack patience, and be attracted by the occult. It is advised to follow your intuition before going ahead. You may also gain in-depth knowledge on a subject, or you may have a good focus on your research. Chanting a mantra may help you in this situation.

Capricorn Dec 23 – Jan 20
Today, you are blessed by the moon, which may help you improve your inner strength. You are likely to get some new opportunities for your business and work, which will pay you in terms of gains in the near future. Couples may hear good news in terms of childbirth. Lovebirds are advised to be clear in their opinions with each other to make their future bright.

Aquarius Jan 21 – Feb 19
Today, you are blessed by the moon. Things are now under control, and your performance may be praised by your seniors, and you may expect promotions. Money that was stuck is likely to be recovered now, which may help increase liquidity in the business. There may be some good news in terms of legal matters, too. In partnerships, many issues are likely to be resolved now.

Pisces Feb 20 – Mar 20
Today, you may hear good news in terms of a job. Job seekers may be focused on cracking entrance exams with the help of hard work. Singles may hear good news in terms of marriage. Couples may have some good news in terms of childbirth.

KIDZONE

Advaith, 8 Years, Prarthana School

Aditi B A, 7 Years, Sharada High School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

RIDDLER
The #4 on a keyboard!

BULL'S EYE
alive, earl, evil, lair, lave, liar, lira, ive, liver, rail, ravel, real, REVIVAL, rile, rival, vale, valve, veal, veil, vial, vile, viral

QUOTE UNCODE
The way you overcome shyness is to become so wrapped up in something that you forget to be afraid.

SOLVE IN 1M
111 (1 + 2 + 3)/3 =
111 (6)/3 =
111 * 6/3 =
111 * 2 = 222

FAST FIVE

C	L	E	F	T
H	I	D	E	R
U	T	I	L	E
M	A	C	L	E
P	I	T	A	S

STRIKE OUT

T	I	T	H	E		L	O	C	U	S	T	S		
A		O	C	H	R	E		A		A		L		
D	O	N	O	T		B	E	L	I	E	V	E		
A		N		A		I		R		T				
S	T	R	E	A	K	S		L	A	I	R	S		
	F		H	A	I	R		P		A				
D	E	D	U	C	E		A	C	T	S	U	P		
E		E		P	S	S	T		O					
H	O	M	E	S		U	T	E	N	S	I	L		
C		A		U		S		I		I				
A	R	T	I	C	L	E		I	B	S	E	N		
E		N		R		H	U	L	A	S		U		
B	O	U	D	O	I	R		A	R	A	B	S		

QUICK

S				Y		R		S		R				
S	E	N	E	C	A		U	R	A	N	U	S		
		V		C		H			E		P			
Y	O	U	N	G	E	S	T			K	U	S	H	
R		E		D		R				I				
S	P	R	I	G		C	A	S	C	A	D	E		
		C		A		V		I						
P	H	Y	S	I	C	S		S	N	A	R	E		
S				I		E		O		E				
B	A	L	E		R	O	L	L	M	O	P	S		
U		N		E		I		E		M				
S	O	U	R	M		G	E	N	I	U	S			
S		S		Y		R		S		R				

MENSA PUZZLE
Looking across and down, all lines and symbols from the first two tiles are carried forward to the third tile, except when the same line or symbol appears in both the first two tiles, in which case they are cancelled out.A

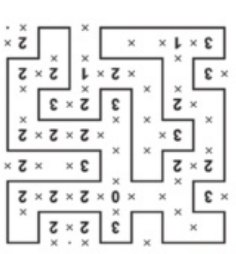
SUDOKU

6	4	7	8	9	5	3	1	2
5	2	9	7	1	3	4	8	6
8	1	3	6	2	4	5	7	9
7	9	8	4	6	2	1	3	5
2	5	4	1	3	8	9	6	7
3	6	1	9	5	7	8	2	4
1	7	6	3	4	9	2	5	8
9	3	2	5	8	6	7	4	1
4	8	5	2	7	1	6	9	3

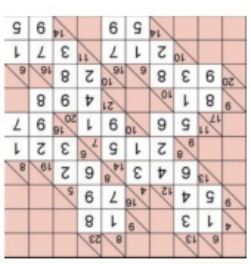
ALPHA TRIANGLE
N, Ne, Sen, Sane, Names, Insane, Amnesia.

GO FIGURE
Easy
7 + 5 − 5 − 5 = 2
Medium
3 − 4 + 4 + 9 = 12
Hard
6 + 6 − 8 × 9 = 36

LOOP



KAKURO



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 # Secretly wed — Anya Taylor-Joy had secretly tied the knot with her musician-boyfriend, Malcolm McRae, two years ago, the Hollywood star has revealed

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Open hearted effort

Newcomers have joined hands to make the movie Muktha Manasu. The movie's shooting and post production works are completed and an event was held at Renukamba Preview Theater on Thursday to release a trailer and soundtrack of the movie that was bankrolled by Venkatesh from Mysuru in association with Bore Gowda, Lokesh, and GS Veena under the SLJ Productions banner. The movie is helmed by RC Rangasekhar.

Director Rangasekhar said that he is basically a theater artist and has been associated with Rangayana, a theater institute, for 25 years. "I directed Mukta Manasu after getting a diploma in direction at Dr Rajkumar Film School. The movie revolves around open-hearted lovers and narrates how they succeed in their efforts to convince their parents," said Rangasekhar, adding that he also plays a small character in the movie.

Ranganath from Mysuru who participated in Karnataka Dance Season-5 held in Hyderabad is playing the lead. He plays an auto rickshaw driver character while Manya from Bengaluru plays Manasu in the movie.

Kannada Film Chamber of Commerce president Krishne Gowda, who launched the audio and trailer of the movie, appreciated the quality of the film. "The quality of the trailer indicates that producers did not compromise with the quality of the movie," said Krishne Gowda.

The movie features Shobaraj,

Ramesh Pandit, Aparna, Nagarathna, Century Gowda, Manju Biligere, and Madhu.

Full zen

Rashmika has this to say about co-star Ranbir

Actress Rashmika Mandanna, who was recently seen in the blockbuster film 'Animal', has shared her experience of working with Bollywood superstar Ranbir Singh in the movie.

"Ranbir is a 'full zen' who is always peaceful with no stray thoughts in his head," said Rashmika in the chat show 'No Filter Neha', where she spoke with actress and host Neha Dhupia.

The actress also shared that she was bowled over by the creative process of Ranbir Singh and director Sandeep Vanga Reddy.

Talking about Ranbir, Rashmika told Neha, "The man just doesn't have anything going on in his head. He is just so peaceful. I asked him, 'What are you thinking about?', and he said, 'Nothing'. He is full zen! I was like, 'Oh wow, that is a blessing'."

The actress also mentioned that she sensed during the making of the film that Ranbir and Sandeep were creating something "crazy".

She said, "I knew Ranbir and Sandeep were creating madness. Every time we sat and talked, I was just like, 'Do you boys realise what you guys are creating?' I was just like, 'You guys are going to nail it, man. You guys have nothing to worry about. I freaking love it'."

'No Filter Neha' Season 6 streams on JioTV and JioTV+ with new episodes dropping every Thursday. —IANS

ADVT

ನಿಸರ್ಗದ ಮಡಿಲಲ್ಲಿ ಸ್ವಂತ ಮನೆಯ ಕನಸು ನನಸಾಗಿಸುವ

ರೋಹನ್ ಎಸ್ಟೇಟ್ ನೀರುಮಾರ್ಗ ಹಿಲ್ಸ್, ಮಂಗಳೂರು

ಪ್ರಾಕೃತಿಕ ಸೌಂದರ್ಯಕ್ಕೆ ಹೆಸರುವಾಸಿಯಾದ ನೀರುಮಾರ್ಗದ ಶಾಂತ, ಸುಂದರ ಪರಿಸರದಲ್ಲಿ, ಆಧುನಿಕ ಜೀವನ ಶೈಲಿಗೆ ಅಗತ್ಯವಾದ ಅತ್ಯಾಧುನಿಕ ಸಕಲ ಸೌಕರ್ಯಗಳೊಂದಿಗೆ ರೋಹನ್ ಎಸ್ಟೇಟ್ ನೀರುಮಾರ್ಗ ಹಿಲ್ಸ್ ರೂಪುಗೊಳ್ಳುತ್ತಿದೆ.

ವಿಶೇಷತೆಗಳು :
- ಸುಸಜ್ಜಿತ ಕ್ಲಬ್ ಹೌಸ್
- 96 ನಿವೇಶನಗಳು
- ಆಕರ್ಷಕ ಬೀದಿ ದೀಪಗಳು
- ಸುಂದರ ಉದ್ಯಾನ
- ಮಳೆನೀರು ಕೊಯ್ಲು
- ನೀರು ಸಂಸ್ಕರಣಾ ಘಟಕ
- ಸುಸಜ್ಜಿತ ಅತ್ಯಾಧುನಿಕ ಜಿಮ್
- ಮಕ್ಕಳ ಆಟದ ಮೈದಾನ
- ಆಧುನಿಕ ಕೆಫೆ
- ಭೂಗತ ವಿದ್ಯುತ್ ಕೇಬಲ್‌ಗಳು
- ಅತ್ಯಾಧುನಿಕ ಈಜುಕೊಳ
- ಮಿನಿ ಸೂಪರ್ ಮಾರ್ಕೆಟ್
- 24x7 ಸಿಸಿಟಿವಿ ಭದ್ರತಾ ವ್ಯವಸ್ಥೆ
- 30 ಮತ್ತು 40 ಅಡಿ ಕಾಂಕ್ರೀಟ್ ರಸ್ತೆಗಳು

ನೀರುಮಾರ್ಗ ನಗರಕ್ಕೆ ಅತ್ಯಂತ ಹತ್ತಿರದಲ್ಲಿರುವ 9.34 ಎಕರೆ ವಿಸ್ತಾರವಾದ ಪ್ರದೇಶದಲ್ಲಿ, ರೋಹನ್ ಎಸ್ಟೇಟ್ ವಸತಿ ಬಡಾವಣೆ ನಿರ್ಮಾಣಗೊಳ್ಳುತ್ತಿದೆ. ಸುಂದರವಾಗಿ ಅಭಿವೃದ್ಧಿ ಪಡಿಸಿದ 96 ನಿವೇಶನಗಳು ಗೇಟೆಡ್ ಕಮ್ಯೂನಿಟಿಯ ಅತ್ಯುತ್ತಮ ಅನುಭವವನ್ನು ನೀಡುತ್ತದೆ. ರೋಹನ್ ಎಸ್ಟೇಟ್ ಇಲ್ಲಿನ ಕ್ಲಬ್ ಹೌಸ್ ಸಕಲ ಸೌಕರ್ಯಗಳೊಂದಿಗೆ ಅತ್ಯಾಧುನಿಕ ಜಿಮ್ ಹೊಂದಿದೆ, ಮಾತ್ರವಲ್ಲದೆ ಗೆಟ್-ಟುಗೆದರ್ ಪಾರ್ಟಿ ಹಾಗೂ ಇನ್ನಿತರ ಚಟುವಟಿಕೆಗಳಿಗೆ ವಿಶಾಲವಾದ ಜಾಗವನ್ನೂ ಒಳಗೊಂಡಿದೆ.

ರೋಹನ್ ಎಸ್ಟೇಟ್ ನೀರುಮಾರ್ಗ ಹಿಲ್ಸ್ ಕೇವಲ ವಾಸಸ್ಥಳವಾಗಿರದೆ, ಪ್ರಕೃತಿ ಸೌಂದರ್ಯ, ಪ್ರಶಾಂತತೆ, ನೈಸರ್ಗಿಕ ಪರಿಸರದೊಂದಿಗೆ, ರಿಸಾರ್ಟ್ ಭಾವವನ್ನು ನೀಡುತ್ತದೆ. ಅತ್ಯಾಕರ್ಷಕವಾದ ಪ್ರವೇಶ ದ್ವಾರ, ಇಡೀ ಬಡಾವಣೆಗೆ ಅಗಲವಾದ ಕಾಂಕ್ರಿಟ್ ರಸ್ತೆ ನಿರ್ಮಿಸಿ ಅಡೆತಡೆ ಇಲ್ಲದ ಸಂಚಾರದ ಅನುಭವವನ್ನು ಪಡೆಯಬಹುದಾಗಿದೆ. ರೋಹನ್ ಎಸ್ಟೇಟ್ ನೀರುಮಾರ್ಗ ಹಿಲ್ಸ್ ಅಭಿವೃದ್ಧಿಗೊಳ್ಳುತ್ತಿದ್ದು ತಮ್ಮ ಮನೆಯನ್ನು ಅಥವಾ ಐಶಾರಾಮಿ ಬಂಗಲೆಯನ್ನು ನಿರ್ಮಿಸಲು ಆಲೋಚನೆ ಮಾಡುವುದಿದ್ದಲ್ಲಿ, ಕೂಡಲೇ ಆರಂಭಿಸಬಹುದು.ರೋಹನ್ ಕಾರ್ಪೊರೇಷನ್ ಸಂಸ್ಥೆಯ ಅನುಭವಿ ವಿನ್ಯಾಸಗಾರರ ತಂಡವೇ ಮನೆಯನ್ನು ವಿನ್ಯಾಸ ಮಾಡಿಕೊಡಲಿದೆ. ವಾಕಿಂಗ್ ಮಾಡಲು ಇಂಟರ್'ಲಾಕ್ ಹಾಕಲಾಗಿರುವ ಫುಟ್ ಪಾತ್, ಸುಸಜ್ಜಿತ ಅತ್ಯಾಧುನಿಕ ಜಿಮ್, ಆಧುನಿಕ ಸ್ವಿಮ್ಮಿಂಗ್ ಪೂಲ್, ಕೆಫೆ, ಮಿನಿ ಸೂಪರ್ ಮಾರ್ಕೆಟ್, ಮಕ್ಕಳಿಗಾಗಿ ಆಟದ ಮೈದಾನ... ಹೀಗೆ ಹತ್ತು ಹಲವು ವಿಶೇಷತೆಗಳಿಂದ ಕೂಡಿದ ಸರ್ವ ಸುಸಜ್ಜಿತ ವಸತಿ ಬಡಾವಣೆ ಇದೇ ಮೊದಲ ಬಾರಿಗೆ ನೀರುಮಾರ್ಗದಲ್ಲಿ ನಿರ್ಮಾಣಗೊಂಡಿದೆ. ಇಡೀ ಬಡಾವಣೆಯ ರಸ್ತೆಗಳ ಉದ್ದಕ್ಕೂ ಹಸಿರೀಕರಣಕ್ಕೆ ವಿಶೇಷ ಒತ್ತು ನೀಡಲಾಗಿದೆ. ಖಾಲಿ ಜಾಗ ಇರುವ ಎಲ್ಲಾ ಕಡೆಗಳಲ್ಲಿ ಹಣ್ಣುಗಳ ಮತ್ತು ಇತರ ಗಿಡಗಳನ್ನು ನೆಡಲಾಗಿದೆ. ಬಡಾವಣೆಯು ಎತ್ತರ ಪ್ರದೇಶದಲ್ಲಿ ಇರುವುದರಿಂದ ಸಮುದ್ರ ಕಿನಾರೆಯಲ್ಲಿ ಸಿಗುವಂತಹ ಅಹ್ಲಾದಕರ ವಾತಾವರಣ ಸ್ವಚ್ಛಂದ ಗಾಳಿ, ಬೆಳಕು, ವಾಸ್ತು ಖರೀದಿದಾರರಿಗೆ ಹೇಳಿ ಮಾಡಿಸಿದಂತಿದೆ.

ಎಲ್ಲಿದೆ ರೋಹನ್ ಎಸ್ಟೇಟ್

ಮಂಗಳೂರು ಸಮೀಪದ ನೀರುಮಾರ್ಗ ಜಂಕ್ಷನ್ ನಿಂದ 200 ಮೀಟರ್ ದೂರದ ಸ್ವಚ್ಛಂದ ಪರಿಸರದಲ್ಲಿ ರೋಹನ್ ಎಸ್ಟೇಟ್ ನಿರ್ಮಾಣವಾಗಿದೆ. ಮಂಗಳೂರು ಮೂಡುಬಿದಿರೆ ಮುಖ್ಯ ರಸ್ತೆಯಿಂದ 2 ಕಿಮೀ., ಕೇಂಬ್ರಿಜ್ ಸ್ಕೂಲ್ ನೀರುಮಾರ್ಗದಿಂದ 1.7 ಕಿಮೀ, ಮಂಗಳೂರು ಜಂಕ್ಷನ್ ರೈಲ್ವೆ ಸ್ಟೇಷನ್'ನಿಂದ ಕೇವಲ 8.3 ಕಿಮೀ ದೂರದಲ್ಲಿದ್ದು, ಇವೆಲ್ಲದಕ್ಕೂ ರೋಹನ್ ಎಸ್ಟೇಟ್ ಸನಿಹದಲ್ಲಿವೆ.

ನಿಮ್ಮ ಕನಸಿನ ಮನೆಗೆ ನಿಮ್ಮ ಪಾಲುದಾರ ರೋಹನ್ ಕಾರ್ಪೊರೇಷನ್

ರೋಹನ್ ಕಾರ್ಪೊರೇಷನ್ ಸುಮಾರು 30 ವರ್ಷಗಳಿಂದ ನಿರ್ಮಾಣ ಕ್ಷೇತ್ರದಲ್ಲಿ ಭಿನ್ನತೆ ಎಂಬುದಕ್ಕೆ ಪರ್ಯಾಯ ಪದ ಎಂದು ಸಾಬೀತು ಪಡಿಸಿದ ಸಂಸ್ಥೆ. ರಿಯಲ್ ಎಸ್ಟೇಟ್ ಉದ್ಯಮದಲ್ಲಿ ಮಂಗಳೂರಿಗೆ ದೊಡ್ಡ ಹೆಸರನ್ನು ತಂದುಕೊಟ್ಟ ರೋಹನ್ ಕಾರ್ಪೊರೇಷನ್ ಪ್ರಸ್ತುತ ರಾಜ್ಯದಲ್ಲಿಯೇ ಪ್ರತಿಷ್ಠಿತ ಸಂಸ್ಥೆಯಾಗಿ ಗುರುತಿಸಿಕೊಂಡಿದೆ. ಮಂಗಳೂರಿನ ಉದ್ಯಮಿ ರೋಹನ್ ಮೊಂತೇರೊ ಇವರಿಂದ ಸ್ಥಾಪಿತಗೊಂಡ ವಿಶ್ವದ ಶ್ರೇಷ್ಠ ತಂತ್ರಜ್ಞಾನ, ಸೌಲಭ್ಯಗಳನ್ನು ಮಂಗಳೂರಿಗೆ ಪರಿಚಯಿಸುವ ಮೂಲಕ ಹೊಸ ಇತಿಹಾಸವನ್ನು ಬರೆದಿದ್ದಾರೆ. ಗುಣಮಟ್ಟದ ವಸತಿ ಸಮುಚ್ಚಯಗಳು, ವಾಣಿಜ್ಯ ಕಟ್ಟಡಗಳು ಹಾಗೂ ಲೇಔಟ್ ಗಳ ನಿರ್ಮಾಣಕ್ಕೆ ಹೆಸರಾಗಿರುವ ರೋಹನ್ ಕಾರ್ಪೊರೇಷನ್, ಮಂಗಳೂರು ಮತ್ತು ಸುತ್ತಮುತ್ತಲ ಪ್ರದೇಶದಲ್ಲಿ ಗ್ರಾಹಕರ ಅನುಕೂಲಕ್ಕೆ ತಕ್ಕಂತೆ ವ್ಯವಸ್ಥೆಗಳನ್ನು ಕಲ್ಪಿಸಿಕೊಡುತ್ತಿದೆ.

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